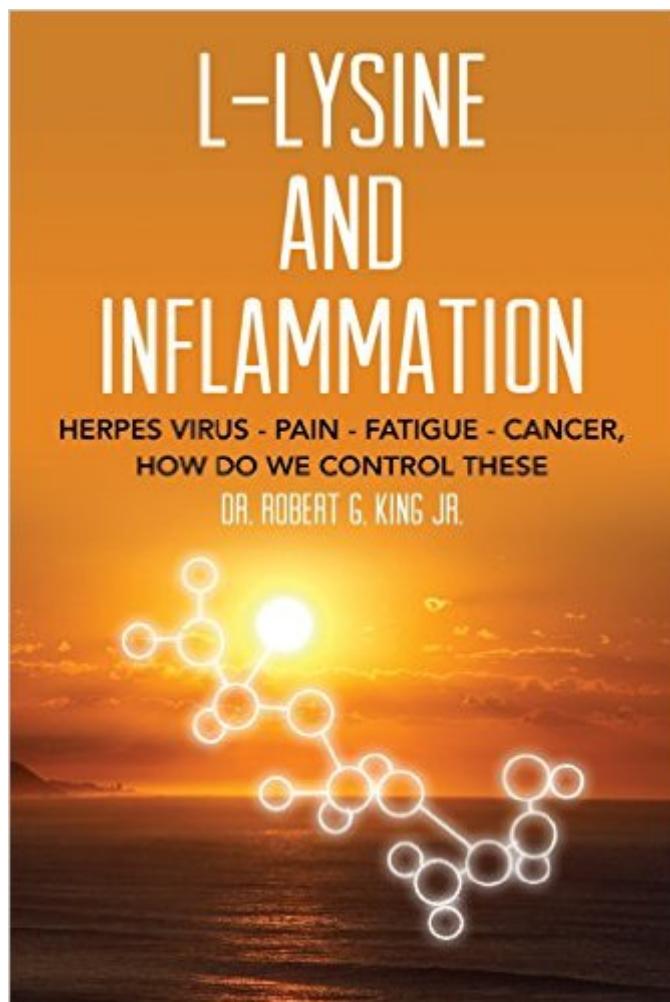


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# L-Lysine And Inflammation: Herpes Virus - Pain - Fatigue - Cancer, How Do We Control These



## Synopsis

This book discusses inflammation of the body and describes life style changes to create better health. These changes include anti-inflammatory foods and supplements such as vitamins, minerals, probiotics, phytonutrients and amino acids such as L-lysine. A healthier life style results in a stronger immune system with less severe infections, pain and fatigue.

## Book Information

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Average Customer Review: 1.0 out of 5 starsÂ  See all reviewsÂ (1 customer review)

Best Sellers Rank: #3,110,604 in Books (See Top 100 in Books) #92 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #654 inÂ Books > Medical Books > Medicine > Preventive Medicine

## Customer Reviews

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